



cooking

with confidence

FOR INDIVIDUALS WITH AUTISM

A FREE COOKING PROGRAM PRESENTED BY THE FREE LIBRARY OF PHILADELPHIA'S CULINARY LITERACY CENTER AND THE PHILADELPHIA AUTISM PROJECT

In three hands-on classes, participants will learn basic cooking skills, including how to follow a recipe and how to stay safe in the kitchen.

Students will prepare a meal and eat it together. Students will go home with a new recipe and a grocery bag filled with fresh ingredients so they can cook with family and friends.

QUALIFICATIONS:

- Be an individual with autism
- Be age 18 or over
- Attend all classes
- Have the ability to use language, with or without an augmentative communication device, in order to share and exchange information with the instructor and classmates

FIRST CLASS

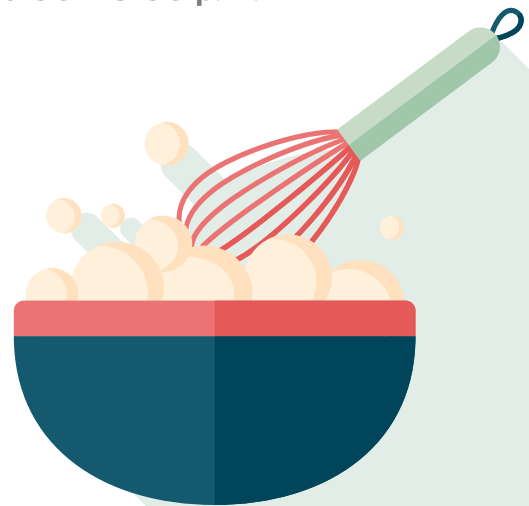
Wednesday, October 24
6:00 - 8:00 p.m.

SECOND CLASS

Wednesday, October 31
6:00 - 8:00 p.m.

THIRD CLASS

Wednesday, November 7
6:00 - 8:00 p.m.



Classes are held at the **Culinary Literacy Center** at **Parkway Central Library**.

1901 VINE STREET, 4TH FLOOR, PHILADELPHIA, PA 19103 | WWW.FREELIBRARY.ORG/COOK



www.phillyautismproject.org

THIS PROGRAM IS FREE, HOWEVER REGISTRATION IS REQUIRED. SPACE IS LIMITED. ONE STAFF PERSON, FAMILY MEMBER, OR CAREGIVER IS WELCOME TO ATTEND TO ACCOMPANY AND SUPPORT THE PARTICIPANT.

To register, please contact Mi-Yeet (Mimi) | phillyap@drexel.edu | 215-571-3209